



March 2020

Volume 20 Issue 3

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This newsletter is made possible by an unrestricted educational grant from Janssen, Inc.

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We Need YOU!

PCCN Brampton

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Phone No: 905-458-6650

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PCCN Brampton News

Since our February 11th meeting was **CANCELLED**, there is not a lot to report this month. Reminder: from now on, we will only hold eight meetings per year – September through December and March through June. Each block of four meetings will conclude with a social evening.

The **March 10th meeting** will be our **Annual Sharing Meeting** where YOU can be a featured speaker. All members and their supporters are encouraged to share their experiences with prostate cancer and to learn from the experiences of others.

Tuesday and Thursday “office hours” at the **Starbucks Coffee Company** location inside **Bramalea City Centre** started on **February 11th**. Drop by for a coffee and a chat and bring your friends who don't look after themselves.

We are still negotiating to offer several **information nights** every month at a downtown location that attracts men who are potential prostate cancer patients. We will provide confirmation and details of this initiative as soon as we can.

The amalgamation of **Prostate Cancer Canada** with the **Canadian Cancer Society** has been finalized and it is proceeding slowly but steadily. Our good friends **Dr. Stuart Edmonds** and **Anne Breakey Hart** and other staffers have already taken on expanded roles with the Canadian Cancer Society. Hopefully we can bring in a speaker from CCS in September or October to update us on the amalgamated entity.

See the email from **Andrea Seale**, the **Chief Executive Officer** of the **Canadian Cancer Society (CCS)**, on pages 5 and 6. We sincerely hope that this amalgamation will result in even better programs being offered to those Canadians affected by prostate cancer.

Jim Dorsey – Acting Newsletter Editor

E-Mail: jfdorsey@yahoo.com

Telephone: 905-453-3038

[Next General Meeting, Tuesday, March 10th, 2020 – 7 p.m.](#)

This will be our annual **Sharing Meeting** and it will be facilitated by **Paul Henshall**.

These meetings are always very informative and give us the opportunity to support our fellow members and to be supported in our turn.

Please consider coming out and sharing your experience as well as your current status and any concerns that you might have with the group.



You can forward your questions or suggestions to: info@pccnbrampton.ca or telephone **905-458-6650**.

We look forward to seeing you at **Wellspring Chinguacousy Cancer Support Centre**, 5 Inspiration Way, Brampton, ON L6R 0L7. The building is located west of Torbram Road and south of Father Tobin Drive. Parking is plentiful, well-lit and free - and there is **an elevator!**



PCCN Brampton Bram-O-Gram

Starbucks Office Hours Started Tuesday, February 11th, 11 a.m.

“The Office” is in the bullpen outside the Starbucks location inside BCC. We have posted signs inside the store with the kind permission of Store Manager **Julian DaSilva**, a long-time supporter of our awareness efforts, including **Cruisin’ for a Cure**.

So far, we have been visited by **Al Terry**, a courageous man on his third bout of chemo, **Rufus & Patricia Goodland**, **Morris & Sandra Rambout** and **Geoff Hoar**. Last week we had a conversation with two ladies who had seen the poster and wanted to share one of their journeys with breast cancer.

All are welcome; please drop by with any questions or suggestions that you might. Bring your friends who might not even know they have questions. Or just come join us for a coffee in a comfortable, non-threatening setting.

If You Have

Questions About Prostate Cancer

Talk to Someone Who’s Been There

at

Starbucks Bramalea City Centre Lower Level

Tuesdays and Thursdays from 11 a.m. to 1 p.m.

Or

by Appointment

Open to patients, caregivers or simply interested parties.

We offer information and support, not medical advice!



Jim Dorsey
416-523-5550



Paul Henshall
905-601-1519





Upcoming PCCN Brampton Meetings / Events:

**Tuesday, March 10th, 2020 at 7 p.m.
Annual Sharing Meeting.**

**Friday, March 13th to Sunday, March 15th, 2020
PCCN Brampton booth at Motorama Custom Car & Motorsports Expo
International Centre, <http://www.motoramashow.com/>**

**Tuesday, April 14th, 2020 at 7 p.m.
Dr. Andrew Loblaw, Topic To Be Announced.**

**Tuesday, May 12th, 2020 at 7 p.m.
Speakers & Subjects To Be Announced.**

**Sunday, May 31st to Sunday, September 20th, 2020, 4:30 p.m. to dusk.
Over 'N' Under Car Club Show & Shines at Leon's, 10081 McLaughlin Rd N.
Come out and see some special vehicles and meet the great people who continue
to do so much to support prostate cancer awareness in Brampton!**

**Tuesday, June 9th, 2020 at 7 p.m.
Annual End of Season Social Evening.**

**Sunday, September 13th, 2020 at 10 a.m.
14th Annual Cruisin' for a Cure Canada, CAA Centre, Brampton.**

NOTE: We are always looking for speakers of interest to our members.

Please, please, PLEASE share your interests, contacts and suggestions with us!

**Speaker suggestions from members are always welcomed; please watch our website for
complete meeting agendas and updated speaker profiles!**

**Jim Dorsey, Acting Speaker Coordinator:
(905) 453-3038 or Email: jfdorsey@yahoo.com**



PCC & Canadian Cancer Society Amalgamation

This email was received from **Andrea Seale**, the **Chief Executive Officer** of the **Canadian Cancer Society (CCS)**, on February 3rd.

We are pleased to see that our long-time supporter and frequent guest speaker at our monthly meetings, **Dr. Stuart Edmonds** is now the **Executive Vice President of Mission** at CCS.

Peter Coleridge, the former **President and CEO of PCC**, who we hardly had time to get to know, will stay on during the transition.

We hope that other members of the PCC Team that we have come to know and love will also find suitable positions within CCS.

Amalgamations like this take a long time to work out and we wish those involved every success.

Hopefully the end result will be an organization that continues to support men affected by prostate cancer and their families.



[View Online](#)

Dear supporters,

I'm writing today with some exciting news. The Canadian Cancer Society (CCS) and Prostate Cancer Canada (PCC) have finalized our amalgamation. We begin this decade taking another bold step to transform the cancer sector in Canada.

What I want you to know is that **Canadians facing prostate cancer will continue to have access to trusted information and education materials and will now benefit from CCS's nationwide support system.**

We are bringing together the strengths of two organizations that share many common goals: preventing cancer, funding life saving cancer research and ensuring no one faces cancer alone. We will be able to increase our impact on families facing prostate cancer, expanding awareness and activity around critical issues like early detection, treating advanced forms of the disease and increasing survivor support. And by coming together, we are making donations go further by reducing duplication in administrative and fundraising costs.

We applaud the important work that PCC has done to increase awareness of PSA testing to help find prostate cancer early. CCS is committed to continuing these efforts. We believe Canadian families should have access to consistent information from trusted sources on how to detect prostate cancer early – and that starts with talking to your doctor about the PSA test.

PCC's excellent work in addressing prostate cancer in Canada will continue as part of CCS. And to accomplish this, your valuable expertise, experience and passion for the cause is still needed as much as ever before.

While we are still in the early stages of bringing our organizations together, I want to provide you with as much information as I can. Below are some answers to questions you may have. If you have any other questions, please don't hesitate to connect with me.

I am looking forward to all that's to come in 2020, including welcoming you, PCC's dedicated community, to the CCS family. Thank you for everything you have done to save and improve the lives of those facing prostate cancer. Together, we are a force-for-life in the face of cancer.

Sincerely,

Andrea Seale
Chief Executive Officer
Canadian Cancer Society



PCCN Brampton Bram-O-Gram

Additional Information

What does this mean for PCC's work?

PCC and its supporters have made a real difference since its founding 25 years ago: in that time, the death rate for prostate cancer has dropped by half, more Canadians are talking about prostate cancer than ever before and people affected by the disease have more support. Those are tremendous achievements that have changed and saved lives. As part of CCS, the prostate cancer research projects, educational initiatives and work to influence policies to improve patient outcomes will continue.

Can I still donate to the prostate cancer cause under the CCS umbrella?

Yes, CCS is committed to investing in the prostate cancer cause and ensuring a donor's dollars are directed to the particular area requested by them, including to prostate cancer research and programs.

What does this mean for PCC's staff and volunteers?

PCC's staff and volunteers are an important part of our community and we value and need their expertise.

I'm pleased to share that Dr. Stuart Edmonds, PCC's Vice President of Research, Health Promotion and Survivorship, is now the new Executive Vice President of Mission at CCS. Stuart helped implement the country's largest national program in prostate cancer survivorship, expanded and initiated various health education initiatives, acted as a strong advocate for people facing prostate cancer and their families, and ensured PCC invested in life-saving research. I'm thrilled to welcome him and the rest of PCC's staff to the CCS team to continue and expand on this work.

PCC's former President and CEO, Peter Coleridge, is committed to working together throughout this transition to support both teams in continuing critical work in the prostate cancer space.

Has a merger like this taken place before and was it successful?

The unprecedented merger of CCS and the Canadian Breast Cancer Foundation several years ago set us on a path to increase efficiencies and seek new partnerships. The remarkable 28% year-over-year reduction in fundraising expenses we achieved as a result of that consolidation allowed us to direct more to helping people facing cancer.

This partnership with PCC will continue this momentum, while supporting progress in prostate cancer – the most commonly diagnosed cancer in Canadian men.



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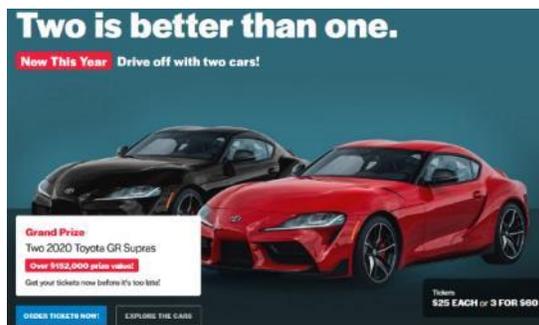
[Rock the Road Raffle 2020](#)

Sorry, everybody! The pair of **2020 Toyota GR Supras**, one in Renaissance Red and one in Nocturnal Black, with a total value of over **\$152,000**, was won by **Mr. Nelson Peixoto**, holder of Ticket #05087.

The Rock the Road Raffles have now raised \$3 million to help end prostate cancer. “Because of your support, we can invest more funds into the prevention, detection and treatment of prostate cancer, helping even more Canadian men and their families.”

As always, the [Trillium Automobile Dealers Association \(TADA\)](#), donated the grand prize cars for the raffle so that every dollar raised can go toward Prostate Cancer Canada’s programs.

See more at www.RockTheRoadRaffle.ca. by calling 1-855-441-1267 or in person at the [2020 Canadian International AutoShow](#).



[ADT Online Educational Program](#)

These 1.5-hour online classes using the **GoToMeeting** platform are offered monthly to prostate cancer patients who have recently started or who are about to start hormone therapy and their partners. Space is limited and prioritized for Canadians, but if classes are not filled, citizens of other countries will be accepted.

Canadian participants receive a free copy of the book [Androgen Deprivation Therapy: An Essential Guide for Prostate Cancer Patients and Their Loved Ones](#).

The next online sessions will be held on **Monday, March 16th**, **Tuesday, April 14th** and **Tuesday, May 12th**, all at **Noon Eastern Time**. To register, fill in the brief form at <http://www.lifeonadt.com/how-to-register> or send an email to LifeOnADT@gmail.com.

NOTE: In-person classes are also offered at **Princess Margaret Cancer Center** in downtown Toronto. To register, call **Gideon Yang** at 416-946-4501 ext. 3593.



PCCN Brampton Bram-O-Gram

[Recently Diagnosed? Contact PCCN Brampton](#)

If you would like to speak with someone who has been there, please contact us and we will arrange to meet with you at a convenient time and place. Alternatively, come early to one of our Monthly General Meetings and on arrival, inform the front desk that you are a first-time attendee. One of our peer counsellors will welcome you and listen to your concerns. Our **Monthly General Meetings** are held at 7:00 PM on the **SECOND TUESDAY** in the months of **September, October, November, December, March, April, May** and **June** at the **Wellspring Chinguacousy Cancer Support Centre, 5 Inspiration Way.**

Steering Committee Meetings are held two weeks later, on the **FOURTH TUESDAY** of each month, September through June, at 7:00 PM. If you wish to attend Steering Committee Meetings, they are also held at Wellspring Chinguacousy.

Family members, friends & supporters are always welcome at any of our Meetings!

[PCCN Brampton Voice Mail:](#) **(905) 458-6650**

[Jim Dorsey:](#) **(905) 453-3038**

Note that we accept phone calls and one-on-one meetings throughout the year.

If no one is available to take your call, PLEASE leave a voice mail and we will return your call as soon as possible.

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Regular printing and mailing now costs us over a dollar per person per month.

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